Nocturia Voiding Diary

BRING THIS DIARY WITH YOU TO YOUR APPOINTMENT

Time A.M. Your first entry is your first urination of the morning	**Fluid Intake Amount**	**Type of Intake**	**Amount Voided**	**Time P.M.** Your first entry is what time you go to bed	**Fluid Intake Amount**	**Type of Intake**	**Amount Voided**